



EQUIP YOUR GIRL SCOUT WITH SOCIAL SKILLS TO THRIVE IN THE WORLD TODAY

For Girl Scouts of all ages

Courteous and Cool etiquette school is offering south bay girl scouts workshops designed to help them earn their manners badge. These 1 hour workshops are designed to teach social skills to today's tech savvy kids. In these workshops, children learn the basics of good social skills through interactive games and role-playing. Choose one of the following topics for your troop's private workshop:

Option A: Meet & Greet Essentials

- the basics of face-to-face interaction and good body language
- how to shake hands and make eye contact
- how to introduce him/herself to peers and adults
- how to make and receive phone calls

Option B: Dining skills

- how to set the table
- how to be the best guest at a dinner party at a home or at a restaurant
- how to use utensils properly (Utensils & a small snack are requested)
- how to interact at the table

Option C: Putting your best foot forward

- how to use courteous words and express gratitude
- the importance of being thoughtful and how to apply it to daily life
- how to write a personal note for someone special
- giving and receiving compliments

Option D: Making life more pleasant for everyone- no matter where you are!

- party basics-birthdays, themed parties and holidays
- how to host and attend a play date
- how to politely give and receive gifts
- how to use stellar social skills in public - at theaters, in-stores and on the street

Additional topics offered for tweens/teens:

- cell phone etiquette
- Internet safety
- texting & cyber-bullying

To receive the special girl scout rate of **\$150/1 Hour** per troop please email Doodykari@gmail.com or call 310-261-7235. Other classes also available at

courteousandcool.com